

YEAR Plan 2026

Stichting Boerengroep & Inspiringtheater

STICHTING BOERENGROEP & INSPIRINGTHEATER



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Preface

The year of 2025 had a clear distinction between the first half of 2025 (before summer) and the second half of 2025 (after summer). The first half of 2025, had a focus on student-driven initiatives, such as Reclaim the Seeds and our Soup Kitchen. Reclaim the Seeds involved a big group of students that helped organize the festival and shared ideas, wishes and responsibilities. The Soup Kitchen was set up with the specific goal of taking matters in our own hands and providing healthy and affordable lunch for students.

The second half of the year was more focused on theorizing fair food systems. After summer, we attracted a big group of students who expressed interest in agroecology. We visited different farms with these students and they started thinking about and sharing different visions on fair food systems.

A big success of 2025 has been to revitalize Inspringtheater again. At this moment, we have an enthusiastic group of - mainly - students who want to be involved with theatre and after more than a year of silence, Inspringtheater is back again.

Now that our community is growing and there is a lot of energy in the organisation, in 2026 we want to explore the different layers of agroecology. As it becomes more and more clear in our society that agricultural practices cannot be sustained in the way they are performed now, we see a clear role for agroecology in the ecological as well as social dilemmas that today's agriculture faces. Therefore, this year we want to dive deeper into the theme of agroecology and explore its eleven pillars, as documented in the Nyeleni declaration of 2015.

Therefore, each month, we will focus on one of the pillars, as follows:

January	-
February	Ecological Production
March	Women are central
April	Food systems transformation
May	Territorial approach
June	Self governed markets
July	Youth are critical
August	Knowledge and digitalisation
September	Definition and principles
October	Collective and organization
November	Rights and commons
December	Feelings and care

Each theme gives WUR students a broad overview of agricultural dilemmas that are close to farmers. Students who join Boerengroep feel the need to connect more directly with farmers and their day-to-day work and see how theories they learn in university are applied on the fields. Moreover, agroecology that is taught in university is often focused on agroecological practices. Since agroecology consists of science, practice and movement, we supplement the university knowledge with grassroots initiatives. Providing in-depth knowledge on these topics helps students to be connected to the reality of farmers that are part of the agricultural transition towards more sustainable solutions.

Exploring the principles of agroecology structures our year content wise, but does not limit us only to agroecology. The themes can be explored from different angles and are open for multiple activities, such as excursions, lectures or the breaks. Amongst students, we see the wish to have more discussions, debates and lectures or panel discussions where multiple perspectives can be heard. The themes give an excellent opportunity to structure these activities around a specific topic.

In 2026, we will continue organizing the events that we have been organizing previous years, including Reclaim the Seeds, the FEI and Food.Film.Fest. Also smaller, regular activities, such as our breaks and excursions will continue in 2026. Also with Inspringtheater we aim to organise smaller and bigger events and courses such as the forum theatre course, the joker course and we hope to be able to do some performances as well.

Next to that, we would like to have more frequent movie nights. In previous years, we mainly hosted movies during the Food.Film.Fest, but we think movies and documentaries are an attractive and low key method of deepening one's knowledge in a certain topic.

Summary of plans for Inspringtheater 2026

We will continue strengthening the base we created again in 2025. We'll continue to host a jump in session every first Monday of the month. We'll organise the forum theatre course and the joker course again. We'll be hosting multiple workshops for the university and some other organisations. We'll continue to invest in the contacts that have been made with amongst others Toekomstboeren and Thuis Wageningen. Besides that, we're working on a cooperation with the Purple Group, a group of students in Wageningen that organise themselves to raise awareness on social safety and sexual abuse within student communities. The techniques of Theatre of the Oppressed are central in our methods. We use theatre as a way to raise awareness on topics of oppression, to stimulate critical thinking and to start dialogues. Performances are not a goal in themselves, but can be a tool or an outcome of a process.

Introduction to Boerengroep and Inspringtheater

Since 1971, Stichting Boerengroep (*Peasant Foundation*) aims to connect the university (students, research and education) with the reality and challenges of farmers and peasants in the Netherlands and worldwide. *“The education at the university was very theoretical and moreover it often gave a wrong impression of the reality of farmers and peasants,”* states Jan Douwe van der Ploeg, one of the founders of Boerengroep. Therefore, Boerengroep started to conduct interviews with farmers. These interviews were then taken into the university where researchers were questioned and stimulated to conduct research on the true needs of (family) farmers. The foundation of Boerengroep followed the big farmers’ protests of 1971 in Brussels. Half a million farmers were on the streets to protest the Mansholt plan and the students who started Boerengroep wanted to support them and dive into the struggles farmers were facing. Until the moment of today, Boerengroep is still fighting for social, just and sustainable food production. We do this by bringing students into the fields and farmers into lecture rooms at the university.

By bridging agriculture-related forms of science, practice and movement, Boerengroep contributes towards the development of a critical view on reality by students – the future policy makers, researchers, teachers and possibly even farmers. We stimulate students to work together in interdisciplinary and international groups, with many different actors which all have different realities and different types of knowledge. We realise this by organising critical discussions, field excursions, capita selecta courses, lectures and exchanges. Also, we listen to the voices of the food producers and take their challenges – as well as their innovative practices - to the university, to work towards a fair and sustainable food production system in the world. We connect all these people and we actively search for research questions from the field: from peasants, farmers and gardeners. Our strength is thus to bridge the gap between science and reality and this is of crucial importance at a university. Thanks to Boerengroep, it is ensured that students can gain a critical view and connection to reality, which is an important characteristic of the scientist.

Irene Cardoso (professor of Soil Science at the Federal University of Vicosa, Brazil and vice-president of the Brazilian Agroecology Association) explains about the importance of our activities:

“What I like about it [the international summer course of Boerengroep], is the way that the students can be connected to the reality, but in a way that they feel free to become part of this reality.”

Pablo Tittonell (former professor Farming Systems Ecology, Wageningen University and current coordinator of the National Program on Natural Resources, Environment and Eco-Regions of the National and Agricultural Research Institute of Argentina) adds to this:

“It is important that students develop a different dimension in a way that they learn about agriculture and agroecology. For instance, a classic example is how a crop, or a plant, responds to the additional nutrients. So you can go to your lectures in the university and first of all the two axes are always there. On those axes you have for instance how much Nitrogen there is available [x-axis] and how

much the plant grows [y axis] and there is a nice curve. Well try to find that somewhere in reality. It is completely different. First, because there's not only two axes, there are many more. And second, because there's so much variability, so much heterogeneity, so many other things going on, and that gives you a multidimensional perspective of how things are. Still, when you go back to the classroom, and you sit there, we're going to ask you about this curve, and you are going to have to know this. But you will know this, together with what you have seen in the field. So you can judge that knowledge, those models of reality, with a different eye once you've seen things in the field."

Under the banner of 'Inspringtheater', Boerengroep organizes workshops, courses and produces theater performances in collaboration with students/employees of Wageningen University. Inspringtheater brings creativity in the world of science and uses participatory theatre techniques of *Theatre of the Oppressed* to encourage dialogue, critical thinking and empowerment.

Inspringtheater originates from 'Het Boerentoneel' (Farmers theatre), which was founded by Boerengroep in 1972. Theatre plays concerning agricultural issues were performed, followed by substantive discussions. Nowadays we use an applied drama technique and participatory theatre practices created to empower audience individuals to determine social change: Theatre of the Oppressed. The founder of the methodology of Theatre of the Oppressed, Augusto Boal, worked with peasants in Brazil, which had a huge effect on society by empowering the peasants and farmers. By participating, audiences are enabled to make decisions, to address critically the issues presented to them and to reflect on the social life within a safe environment offered by the theatrical design.

Boerengroep aims to:

- Approach agricultural topics from different angles: connecting social science with natural science; academic theories with practical challenges and innovations;
- Highlight the (im)possibilities and challenges that farmers, peasants and gardeners face;
- Create understanding for diversity of opinions and stimulate a critical attitude towards your own position;
- Stimulate transparency and awareness of the food production chain to support a critical attitude of consumers, farmers, researchers and students;
- Realize fair and vital agriculture by:
 - Visualizing the situation of farmers today and in the future through knowledge exchange amongst farmers, students, consumers, and professionals
 - Stimulating local economies, in order to improve the position of the food producers
 - Building, defending and strengthening agroecology and Food Sovereignty movements to discuss and activate in order to shed light on present-day issues in agriculture and discern pathways of change

In this way, Boerengroep and Inspringtheater wish to stimulate a critical attitude towards agriculture and food. The Boerengroep Core Team currently consists of two coördinators, a chair, a secretary, a treasurer and several active volunteers.

Our Partners

- Students and PhDs of Wageningen University, in order to support them with the organisation of events they find important to address, e.g. a symposium or movie screening;
- Chair groups at the Wageningen University, like Rural Sociology Group (RSO) and Farming Systems Ecology (FSE). We are in close contact with chair groups in order to discuss thesis topics, internship opportunities and organizations of events and courses. We supervise on average 2 interns per semester with Boerengroep, so that students have a place to work on topics they find important to share with others, while gaining work experience, broadening their professional network and having the informative opportunity within an international organisation with 50 years of experience. Moreover, we are actively involved in offering thesis topics to students that are related to agriculture-related challenges of the realities that peasants, farmers, gardeners and indigenous communities face;
- Farmers, both local farmers and elsewhere in the country, who seek a closer connection to the university, such as Tuinen van de Egel, Ommuurde Tuin, Schapenstreek and many more. This group expands every year;
- Networks, like Voedsel Anders, Toekomstboeren, ASEED, Milieudefensie, Green Active Network (GAN), Agroecologie Netwerk, Cultivate Collective, Stroomgebied Zuid Veluwe, and Slow Food;
- Foundations, like RUW, Otherwise, Stichting Herenboeren, Landbouwbrigades (Belgium), Stichting Regeneratie.
- Grassroots organizations, like ASEED
- International research and advocacy institutes, like TNI, Louis Bolk Institute;
- Educational Institutes like Warmonderhof and Van Hall Larenstein;
- Farmers Unions, united in Platform Aarde Boer Consument (Platform ABC; '*Earth, Farmer, Consumer*'), of which we are part as well. Platform ABC unites farmers/peasant organizations (Nederlandse Akkerbouw Vakbond (NAV), Nederlandse Melkveehouders Vakbond (NMV) and Vereniging voor Biologisch Dynamische Landbouw, with the X min Y Solidariteitsfonds and the Women's International League for Peace and Freedom (WILPF).

Together we organize:

- Critical discussions, lectures, dialogues, bi-weekly gatherings (boerengroep breaks), about agricultural topics, both practical topics as well as political topics related to farming and food production;
- Capita selecta courses at the Wageningen University, like the international 3 ECTS summer course [Farm Experience Internship](#);
- Field trips to farms and gardens throughout the Netherlands;
- Research mediation between university (researchers, students, education) and the needs of peasants, farmers and gardeners in the Netherlands and abroad. Boerengroep stimulates others to provide us with research questions and their challenges, particularly during the Alternative Thesis Market we organize with other organizations. We can then find students who can work on this as their internship or thesis. We are part of the Food Forestry Ribbon Course (RSO-50806);
- Working groups together with chair groups such as RSO and FSE, we stimulate students to organise events of their own interest, related to food production and the reality of food producers.

- Conferences, like Voedsel Anders Conference, De Nieuwe Boer is... Biobeurs, BioVelddag, etc.
- Markets, like Reclaim the Seeds;
- Interviews with farmers in cooperation with Toekomstboeren, Boerengroep members often go to the field to conduct interviews with farmers on topics like access to land, innovative ways of farming, agroecological approaches or the effect of climate change;
- Interactive theatre, 'Inspringtheater' which is an important part of Boerengroep. Inspringtheater provides students a critical view on developments in agriculture in an interactive form of theatre.

Finances

Boerengroep mainly receives finances in the form of subsidies. **Wageningen University** is the main source of subsidies, which we use for structural costs such as paying the coordinators of Boerengroep and Inspringtheater.

The **Committee Activity Support** (CAS) of Wageningen University offers partial support for some costs related to activities that we organize (for students) in Wageningen, such as costs of excursions, lectures, gifts for speakers, travel costs etc.

The WUR also has the **Kick Start Social Fund** that supports social activities among students of Wageningen University. We also apply to this fund for support in social activities, related to community building activities.

The rest of the costs for Boerengroep's activities are covered by a combination of asking small participation fees and occasional gifts from sponsors/partners/subsidies. This sponsorships and donations are mostly used for our big events like Reclaim the Seeds and The Farm Experience Internships. The activities organised by Inspringtheater are mainly covered by contributions of commissioners and the CAS.

As the structural costs have been increasing these past years due to inflation, Boerengroep aims to get more structural financial support. We would like to keep our activities accessible and thus affordable for all students who want to broaden their horizon and are seeking more knowledge on agroecology.

Planned Activities in 2026

Core Activities

For 2026, we want to continue the processes started in 2025 and therefore build on our focus on critical education, community building and explore the different aspects and possibilities of Inspiringtheater.

Critical Education

As part of our plans for providing critical education in complementarity to what the curriculum of WUR currently provides, 1) we aim to offer excursions to farms and food system initiatives to learn from perspectives of the field; 2) continuing the podcast and expanding its scope and reach; 3) providing internships including the Farm Experience Internship organization; 4) movie screenings with critical discussions or dialogues; 5) skill workshops related to food and farming (probably in collaboration with other WUR organizations).

Excursions

Our goal is to organize monthly excursions, with the exception of the months December - February, and in the month before the start of the FEI. We distinguish between two types of excursions and plan to mix between excursions in the vicinity of Wageningen (type 1), and some full day excursions to farms further away (type 2). We also plan a weekend trip to visit farms across the border in another country.

Type 1: local farms or volunteering

Boerengroep has built good relationships with local sustainable farmers near to and in Wageningen. We like to take students to the fields to show them different farming styles and to give them the opportunity to meet farmers and have a dialogue with them. Examples of farms we like to visit are: a CSA self-harvest garden (Nieuwe Ronde), a small-scale organic garden (Ommuurde Tuin) and an organic dairy farm (Hooilanden), market garden (Tuinderij het Lichtveen). The majority of the local farm excursions happen in spring and autumn months, since those are the best months to have bike excursions. Excursions such as this are the perfect way to bring students to the field so they can experience a day of working on the farm and the specific requirements of different farms. In this way, we expand our knowledge of different farms, and offer help to farmers in need.

With this type of excursion, we also aim to co-organize some of the excursions together with Mycelia of Hope, the working group in Agroecologie Netwerk. They aim also to connect farmers to citizens/activists to learn about agrarian struggles.

What:	Excursion Type 1
Who:	Students, PhD's, former members
Hours:	50 coordinator (6 x 8h)
Budget:	€330,-

Type 2: innovative farming systems

The Dutch agriculture and food sector is renowned and critiqued. In the field, very innovative ways of organizing and practicing food production and beyond farm-gate initiatives are being developed. These also develop new values and indicators, moving beyond intensification strategies as were dominant in the late 20th century. With type 2 excursions, we plan to visit farms that master a type of innovative agriculture such as: urban farming, food forestry, aquaponics. During these excursions students are encouraged to think about questions like: What are the developments in these sectors? How do they contribute to food sovereignty? What are the challenges?

We are excited to visit farms that we have not yet been to before, and hear their stories and opinions about dominant narratives, while also having the opportunity to get our hands dirty and connect to the farmers while doing practical things.

What: Excursion Type 2
 For: Students, PhD's
 Hours: 60 coordinators (4 x 15h)
 Budget: €1950,-

Reclaim the Seeds

Reclaim the Seeds is an annual festival, happening in different locations in the Netherlands and Belgium. Since 2023 we have organized this festival annually in Wageningen and attract a broad range of students, citizens, farmers and other interested people.

During the two-day festival, people can participate in workshops, lectures, a seed market, crafting and gathering together to learn and experience seed and food sovereignty. Reclaim the Seeds is an excellent opportunity for students to get insight in practical and recent developments in agroecology, broaden their network with movement builders, farmers, professors, activists and a wide range of other people.

Moreover, organizing Reclaim the Seeds involves a group of about twenty students who actively help organize and have a platform to work on the topics they find interesting.

What: Reclaim the Seeds festival
 For: Students and outsiders
 Hours: 150 coordinators, 150 intern, 50 board
 Budget: €2200

Podcast & Farmer's tales

The podcast team aims to expand to a larger team to ensure continuity. The plan is to release an episode per month. We use the podcast to share stories of farmers on topics to their relevance, another medium in addition to the live in-person farmer's tales on campus. The podcast adds accessibility in that farmers or initiatives that are further away from Wageningen and who are not able to travel can still have a podium to share their experience, issue, story or questions.

The Farmer's Tales or Lectures on Campus have always brought interesting live discussions, thus we aim to continue these as well. The goal is to organize about 6 of these discussions.

What: Storytelling and dialogical learning
 For: Students, peasants, farmers, researchers
 Hours: 50 hours (= 9 x 5,5h)
 Budget: €280,-

Internships

An important part of Critical Education is the supervision and support of interns who complete their academic or applied science internship. In the past years, it has been a limiting factor for students to be unpaid, with fewer interns accepting a position that is not remunerated. Ideally, therefore, we would like to remunerate our interns. Boerengroep aims for internships to be remunerated because interns are contributing substantially to BG's mission.

In the year 2025 we strive to provide 4 students an internship, which is connected to questions from the field, answering calls from our network such as Platform ABC or Agroecologie Netwerk.

What: Internship
 For: MSc & HBO Students
 Hours: 200 coordinator (minimum 3h/week as supervisor, 4 x 16 weeks)
 Budget: €500,-

Farm Experience Internship

The Farm Experience Internship (FEI) is a yearly 3 ECTS international, interdisciplinary summer course at the Wageningen University, which intends to bring together theoretical knowledge from students with practical skills and knowledge from farmers. We organize this course together with the RSO chairgroup of the WUR. The coordination of the course is shared by the Boerengroep coordinator and one or two intern(s) – in this way, we also train students to set up projects and increase their network. It is preferred to have a working group of about 5 people in total. Being involved in coordinating the FEI, encourages students to start up a FEI in their country. In this way, we also link Wageningen University to other universities around the world. In the FEI we discuss agroecology as an example of a fundamentally different narrative when it comes to practice, science and politics. In 2022, we will organise the tenth edition of this successful summer project that has changed many lives. We therefore intend to include the previous FEI-generations in some way.

What: 3 ECTS international, interdisciplinary summer course
 For: Students and outsiders
 Hours: 350 coordinators (excluding supervision), 450 intern
 Costs: €3925,-

Movie screenings and documentary nights

Movie screenings aspire to harness the power of storytelling to inspire and drive change. Films are a tool to facilitate discussions and raise awareness about agricultural challenges from all over the world, making them a valuable addition to our organisation's activities. Boerengroep uses movie screenings to spread stories of agricultural pioneers, development towards sustainable agriculture, and socio-environmental improvements in rural areas. We organise events in cooperation with the local arthouse movie theater (or in the Clock House building for smaller scale sessions). We will participate at the Food.Film.Fest and will also display movies made by Boerengroep interns or volunteers.

Involvement in Food.Film.Fest of Voedsel Anders

Voedsel Anders offers several agriculture-related movies for grass-roots organisations like Boerengroep to screen. We participated in the 2022, 2023, 2024 and 2025 screenings. The Food.Film.Fest remains an excellent opportunity to actively contribute to broader discussion on food systems. We consider this important to 1) raise awareness, 2) promote agroecology, 3) engage our community and 4) inspire and collaborate. Our participation in the Food.Film.Fest 2026 will include: screening of movies we previously selected, presentations alongside with the screening to provide context and further information, and community building to engage discussion between attendees, workshops and other festival activities. The festival will allow us to connect with potential partners, volunteers, and like-minded individuals.

What: Movie screenings or documentary screenings on agricultural topics
 For: Students and non-students
 Hours: 40 coordinator, 20 board
 Costs: €465,-

Skill Workshops

Boerengroep's goal is for students to go beyond theory. We want to enable building practical, hands-on experience that engages and empowers individuals from all backgrounds in food production and consumption. The Farm Experience Internship (FEI) has shown us the remarkable impact of bringing together people from different walks of life, including asylum seekers and refugees. Their unique perspectives have enriched our understanding of agroecology and added depth to our engagement with this crucial topic.

Our goal is to provide more alternative education pathways for those who may not have easy access to formal academic settings. In the spirit of this commitment, we're excited to organize farming skills, food processing and seasonal cooking workshops. The transformation to a different food and farming system will require different skills in regard to food and farming. We strive to offer both creative workshops to share skills necessary for agroecological farming and food preparation.

What: Crash courses on agroecology
 For: Everyone
 Hours: 40 coordinator, 20 volunteers
 Budget: €600,-

Community Building

Connect with students & chair groups

To ensure the efficiency of our campaigns, we aim to improve our **communication strategies** to reach a broader audience of students and teachers at the university. Recently, we have noticed a lack of visibility lately that we are determined to address. To achieve this, we are working on the creation of a new website, and we will increase our presence on social media.

To facilitate this engagement, we will organize a whatsapp group dedicated to students interested in volunteering spontaneously. Additionally, we plan to connect with students from various master's programmes, starting with MRF students (Master in Resilient Food and Farming Systems) through their masterclass, to foster collaboration.

Before the start of the academic year in 2026, we aim to develop a strategy to reach students from diverse master's programmes. We believe it is essential to involve students with diverse interests, backgrounds, and perspectives to create an inclusive food system.

Boerengroep Break

Since 2018, Boerengroep has organized 'Boerengroep Breaks' twice a month. The Boerengroep Breaks are an informal space where we meet up with other students, share ideas and get into dialogue on challenges and new initiatives that farmers engage in in the Netherlands and around the world. In 2026, we plan to make use of Onder De Linden, but also go to other, cheaper places. Such as the clockhouse or the Rhine (if the weather is nice) and the Superette. Since the start of the academic year 2022-23, we have decided to reintroduce thematic breaks – which this year will coincide with our monthly theme. In this way, the breaks are more focused on relevant topics that Boerengroep finds important.

What: Informal get together
 For: Students, other enthusiasts
 Hours: 40 coordinator (promotional), 120 board (facilitative)
 Budget: €360,-

Community Kitchen

For a good part of 2025, we had a community soup kitchen in which students cooked for other students and raised awareness for affordable prices in the canteens on campus and simultaneously started conversations about fair food production.

After some people left the collective, the community kitchen started to be inactive. In 2026 we want to boost our community kitchen again and make the organization of it more resilient.

What: community cooking and eating at lunch
 For: WUR students
 Hours: Volunteer-based, 10 coordinator (for continuity)
 Budget: €750,-

Annual team activity

We would like to organize an activity as thanks for our dedicated volunteers.

What: Team Building Activity
 For: Boerengroep Volunteers
 Hours: 15 of the board
 Budget: €250,-

Critical discussions and dialogues

We as Boerengroep feel that there is currently a lack of critical discussion and open dialogue at the university. Especially important agricultural topics such as genomic patenting, land access, and farmers rights deserve more attention. In the coming year, we aim to organise at least one discussion event every period. These discussions will take place at campus during the lunch breaks or in the evenings. Through these events, we want to facilitate critical conversation about agricultural topics between students but also within the university. With this activity, we would like to partly fill the gap that is being left by the debate association, Socrates, which has now become inactive. Depending on the theme of the discussion, external speakers or WUR researchers can be invited.

What: Critical discussions and dialogues at the university
 For: Students and non-students, (employees)
 Hours: Unknown
 Costs: No costs, maybe only thankyou gifts for possible speakers

Inspringtheater

The basis of Inspringtheater are the monthly jump in sessions and the courses we organise once a year. Besides that, most of what Inspringtheater does is on requests from third parties. At the moment we are in contact with Toekomstboeren, Thuis Wageningen and the Purple Group Wageningen about future projects. With Toekomstboeren and Thuis Wageningen it is not quite clear what form this cooperation will take. I can imagine it will lead to a performance or (a series of) workshops. With the Purple Group we're also still in an early stage, but we're talking about setting up a theatre atelier which might consist of a group of students that will come together every other week to play around with the tools of Theatre of the Oppressed and use them to talk and think about the themes of social safety and sexual abuse. The goal would be to explore our behaviour in difficult situations and to think about how we could act differently.

The techniques of Theatre of the Oppressed are central in our methods. We use theatre as a way to raise awareness on topics of oppression, to stimulate critical thinking and to start dialogues. With every partner we explore which form would be best suited for their situation. Performances are not a goal in themselves, but can be a tool or an outcome of a process.

Beside these bigger and/or recurring projects and activities, Inspringtheater is being asked (or involved in organising) workshops at different events. Workshops that have been already planned for 2026 include: a workshop at the reünion of the WUR-course "Power, resistance and

movements”; workshops at Reclaim the Seeds Nijmegen and Wageningen; workshop at the FEI and a workshop at the Toekomstboeren conference. Probably there will be a couple more towards the end of 2026.

Jump In sessions

The jump in sessions are a monthly, low key opportunity to get to know the Inspringtheater community, to get a bit familiar with the techniques of Theater of the Oppressed and also to release some stress and have a proper energizing break in the middle of the work / study day. We aim to organise 10 jump-in sessions in 2026, one on every first Monday of the month.

What: Jump in session (10 sessions)
 For: Students and non-students
 Hours: 30 coordinator (per session 1 promotion, 1 preparation, 1 facilitation)
 Cost: €50,-

Forum Theatre course

The Forum Theatre Course is a course consisting of three evenings. In this course we'll dive deeper into the basics of forum theater. Forum theatre is a technique used in Theatre of the Oppressed in which a conflict or a difficult situation (of oppression) is shown and the audience is actively engaged in finding a solution for the situation by jumping in the scene. After finishing this course, participants will know some games of Theatre of the Oppressed, they'll know how to create a forum theatre scene and they'll be able to perform as an actor in a forum theatre scene.

This course is not only suited for people that like theater, it is just as much suited for people that are interested in improving their facilitation skills and/or want to learn about an effective way of addressing difficult topics.

What: Forum Theatre Course (3 Sessions)
 For: Students and non-students
 Hours: 10 coordinator (organisation & promotion)
 Cost: €700 (to pay a trainer)

Joker course

The Joker Course is a follow up on the Forum Theatre Course. In this course participants learn how to joker (=facilitate) forum theatre. They'll learn more about forum theatre and besides that it will boost their general presentation and facilitation skills. Also, it will be a lot of fun! After finishing this course, participants will be able to host small forum theatre events with Inspringtheater or in their own (student) group/organisation.

What: Joker Course (3 Sessions)
 For: Students and non-students
 Hours: 10 coordinator (organisation & promotion)
 Cost: €600 (to pay a trainer)

Workshops

During a workshop the coordinator and/or an external trainer is doing a couple of games and exercises from Theatre of the Oppressed with the participants. Usually the goal is a short introduction of the method, usually we try to make it complementary to the theme of the event. Sometimes there is another goal with the workshop such as diving deeper in a specific topic. The workshops are usually also meant as an energizer and a more active way of engaging. How many workshops there will be in 2026 is not clear. While writing this, there are 4 workshops confirmed and I expect that there will be at least 4 more later in the year.

What: Workshop Inspiringtheater
 For: Students or others
 Hours: 16 coordinator
 Costs: €0 (usually we get paid a bit, this is also a source of income for Inspiringtheater)

Theatre Atelier Purple Group

The Purple Group is a group of students from Wageningen that is concerned about sexual harassment within student communities. Some people of the Purple Group have followed a workshop with Inspiringtheater and got inspired to implement Theatre of the Oppressed in their way of working. We're discussing with them what could be good options for this. We're still in an early stage with this project so the final form might be different than described here. Currently we're talking about setting up a theatre atelier which consists of a group of students that will come together every other week to play around with the tools of Theatre of the Oppressed and use them to talk and think about the themes of social safety and sexual abuse. The goal would be to explore behaviour in difficult situations and to experiment with how we could act differently. I can imagine that this group would meet two times a week, starting in March and ending in June. And if it's successful this can be continued after summer from September until December.

I imagine that the theatre atelier, at least the first group, will be facilitated by the coordinator, maybe in cooperation with someone from the Purple Group that followed the Forum Theatre Course and the Joker Course.

What: Theatre Atelier Purple Group
 For: Students
 Hours: 60 coordinator (organising and facilitating)
 Costs: €1500

Performance Toekomstboeren

Toekomstboeren has contacted us because they're interested in a cooperation. They see potential in Theatre of the Oppressed as a tool to link daily problems of farmers to systematical forms of oppression and to think about actions. It is not sure yet how this will take shape in practice, but it might be that they want to make a forum theatre play together with Inspringtheater. In this case, we'll be talking with farmers about their struggles and we'd together make a play about that. We'd need to hire a director to guide this process and we'd need to rehearse multiple times.

What: Performance Toekomstboeren
 For: Farmers and/or other people involved in their struggles
 Hours: 30h coordinator
 Costs: €4000

Small performance

Sometimes we're asked to make a small forum theatre performance or the need for this comes from the Inspringtheater community. The preparation for a small performance can look like this: the coordinator facilitates the process, 4 actors join, there is a brainstorm session and 2 rehearsals and then the performance. Last year we performed a small play at the Anarchistmas event at the Voortuin in Wageningen. I can imagine that this will happen again next year. I expect that in 2026 we'll make two small performances.

What: Small performance (2x)
 For: Students and/or others
 Hours: 16h coordinator
 Costs: €700

Campaigns

In 2026, we aim to engage in campaigns on Wageningen Campus, in collaboration with our network partners from the university and across the nation to address issues on the local food system of Wageningen. Through this campaign, we will discuss fair value chains, trade-offs in food prices, the true cost of food, the externalities related to food production and consumption, farm to fork policies, food security and food sovereignty, food bank, local governance, etc. Boerengroep's focus lies in the direction of agroecology and we will join various campaigns of partner organisations, such as the ABC platform, related to relevant topics in society.

Food accessibility on Campus

Having an affordable lunch in and around the university can be challenging for those who haven't prepared their own meal. The university canteen is quite expensive and sometimes with only 50 minutes between morning and afternoon classes, alternatives are limited to AH to Go or fast-food options like Subway.

Accessibility is a key pillar of food security, that refers to both physical and economic access. In this context, it must be acknowledged that food accessibility at university is insufficient: there are few opportunities for a proper lunch (physical access) and the available options are costly (economic access).

In the scope of this campaign, we aim at providing healthy, local and affordable food to students. This campaign includes two major actions aimed at cutting costs and bringing food directly to campus to enhance accessibility.

1 Student Solidarity Soup

The **Student Community Kitchen** will be our first initiative. It aims at providing students with plant-based, healthy, balanced lunches that are zero-waste. These meals will be offered at little to no charge. By encouraging students to cook voluntarily, we can significantly reduce costs associated with kitchen rentals and labor. Our food will be sourced from local (organic if possible) farmers, and we will operate as a social solidarity restaurant with a **pay-what-you-can** dynamic to ensure accessibility for all. This initiative presents an opportunity to adopt a political approach by collaborating with food-related organizations within the university for joint action (GNA).

To do so, we will take a step-by-step approach to assess student interest, involvement, and the long-term feasibility of the programme. We will also evaluate whether volunteers' implications and donations can effectively balance operational costs.

Several actions have been developed to guide us in this process:

- In the short-term, small soup kitchen events on campus will be organized. The first lunch events can also serve as a recruitment effort to get more people involved.
- In the longer term, a larger cooking event could be organized in collaboration with other food-related organizations (GAN), possibly involving teachers.

- A more ambitious idea is to plan a **food festival**, as organized by study association food committees as before Covid 19, where we advocate featuring local producers.

2 Student to Farm to University to Fork

A second initiative involves forming groups of students volunteering to spend a day (Sunday) working on local farms to help with harvesting and logistics (e.g. transportation from farm to university, etc.) and sell the food on campus (Monday). It will enable us to provide affordable food directly from local farmers and ensure a fair price for both students and farmers. Farmers will be assured of selling all of what they have harvested, and in return, students will gain access to fresh, local (organic if possible) food.

In the long run, we envision establishing a **local food market** run by students for students at the university, where they can sell this food at no additional cost. During these events, students will also have the opportunity to sell homemade dishes and other items they prepare.

These two initiatives are designed to complement each other. Indeed, any surplus from the market can be utilized to provide fresh ingredients for the soup kitchen event, minimizing waste and maximizing resources.

Reclaim the Seeds

This is a campaign addressing the importance of seed sovereignty and diversity for food system resilience. Every year, seed exchange market events are organized along with lectures, workshops and excursions around the topic of seed sovereignty. In 2026 we will organize this event on April 11 and 12. Next to this, we connect and organize students visiting RtS events in the rest of The Netherlands.

Partnerships

Boerengroep has many partners, as outlined above. In 2026, we will give shape to these partnerships as follows. The Boerengroep coordinator has around 160 hours to spend on networking, to visit network meetings, or conferences. This is the equivalent of about 20 working days total. Additionally, the Inspiringtheater coordinator has around 70 (8h) hours for networking, coming to about 10 (7h) working days total.

- Green Active Network

Together with the Green Active Network organizations, we hope to organize the Food on Campus campaign.

- Wageningen Student Farm

As Wageningen Student Farm has a great space for interaction as well as a student memberbase that is overlapping in interest with ours, we will make sure to frequently collaborate in organizing the critical education activities.

- Milieudefensie 'Fair Future Generators' program

Milieudefensie has a traineeship program for youth to engage with sustainability movements across the Netherlands. From this collaboration the podcast emerged, and in the future we will continue to offer spaces for youth to critically engage with the food system and emerge in the network of food and farmer's movements in The Netherlands.

- Voedsel Anders

In the past, we have organized conferences with VoedselAnders, and continue to find ways to be connected to the network and contribute to its activities. We act as a line to connect students to this movement.

- Agroecologie Netwerk Nederland: Mycelia of Hope

We are involved in the working group Mycelia of Hope in the Agroecologie Network NL, where we work to connect farmers with activists to foster cross-learning and solidarity. Additionally, we have ties to the Agroecology Knowledge Collective that aims to address practice and scientific questions in support of agroecology, which is a significant source of internship topics and opportunities.

- Platform Aarde, Boer, Consument

The goal of ABC is to work together towards a social and economically sustainable agriculture. The platform ABC envisions an agriculture that strives towards regionally closed cycles, and considers human rights, the environment, animal welfare, and a healthy soil. Furthermore, peasants/farmers should receive a fair price for their products. In order to reach these goals, ABC argues that food and agriculture should not be part of the free market and that the production of several agricultural products should be regulated, so that a fair income is guaranteed, both here in the Netherlands, as well as in the rest of the world.

- Toekomstboeren - La Via Campesina Europe

Former members of Boerengroep are active in Toekomstboeren and the European branch of La Via Campesina. We are in touch and co-organize with them activities around the 'international day of the peasant' as well as European campaigns.

- Universidade Federal de Viçosa (UFV)

We have strong connections to this Brazilian university. Our FEI originated from a student collective with close ties to this university and several professors. Students and professors from the UFV helped setting up the FEI in Wageningen and are still visiting every now and then. In 2025, we both expressed our will to have a more structural connection, making it easier for interns to exchange and for professors to network.