

"Passion, Power & Love"

New Year Workshop

With Jan Day

28th Dec 2024 – 2nd Jan 2025

EarthSpirit Centre



Renewal, Integration, Inspiration & Celebration

- Renew your passion and love for life
- Let go of the past & find inspiration for the future
- Allow yourself to be seen, loved and nurtured
- Connect with others in a caring, respectful environment



office@janday.com

or call 0208-123 9831

www.janday.com

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About Jan Day

The themes of sexual healing, self-acceptance, forgiveness and loving kindness are central to Jan's life and work. She is held in high regard by the many people who have come to know her through her guidance

in both workshops and coaching.

She brings to her teaching deep understanding and a warm-hearted appreciation for people's need to find and learn to trust their own unique journeys into being.

Passion, Power & Love is a careful and heartfelt adventure into conscious relationships, deep intimacy and love of life. We will explore the ways we can become more open to the sacred, the joyful and the sensual in our everyday lives and in our relationships. Every touch – through our feelings, bodies and words – becomes a means to awaken to our passion, our power and our presence. We discover our inner lover, and we deepen our experience of all that it means to be intimate. This frees us to be happier in ourselves, and to bring more of ourselves and our gifts into the world around us.

New Year is a very powerful window of time in the midst of winter to take stock of our life. It gives us a chance to integrate and find completion with what has gone before as well as tap into inspiration and inner purpose for the coming year. There will be opportunities for connection as well as quiet times to bask in the nourishment and encouragement that we give each other in these circles of being.

Come join us for New Year: laughing, learning, loving, sharing, creating, dancing, questing, deep in ritual, looking back, visioning forward, loving the present moment

Early booking £1050 until 28th November

Full price £1150 after 28th November

For booking, information and future workshops contact:

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