



# Sunshine Butterflies

YOUR *local* DISABILITY SUPPORT CHARITY



## Butterfly Bulletin

WINTER 2023



*Welcome Sunshine Butterflies 2023 Winter Newsletter for parents, members and supporters of Sunshine Butterflies. Take a look to see what we've been up to these last few months and the exciting things we have coming up in the future.*

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## *Butterflies on Sunrise!*



We were so excited to be featured on Sunrise on the 8th of June!  
Our members and staff joined Sam Mac and the Sunrise Team at Noosa Main Beach for a fun morning!  
Our members were so excited to tell Sam about their huge 49-hour survival camp they were embarking on over the weekend in our 'Commando Outdoor Education' program.  
Our member Aaron said a big farewell to Kochie and even offered his services as the next Sunrise Host, what a legend!  
It was such an exciting morning for all our members and staff.

*Don't worry if you missed it, you can watch us below...*

Watch us on Sunrise

*Sunshine Butterflies News!*



## New member of the Butterfly family!



We welcomed a very special new member to the Butterfly family, our new puppy Ziggy!

Ziggy was kindly donated to us by the kind-hearted Gillian from Groodles Tiaro, who visited Sunshine Butterflies a few years ago and knew Ziggy would have the most wonderful life out here.

Ziggy is the most gentle, sociable, happy little boy and he loves his brothers Jack, Fraser and Frank

*Keep up to date on our Facebook and Instagram pages to watch Ziggy grow.*





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## Sunshine Coast Marathon Festival!



We are excited to be selected as one of the nominated charities for the [Sunshine Coast Marathon Festival](#).

This means you can now register for this event as an individual or team and fundraise for Sunshine Butterflies!

Whether you're participating in the 5k, 10k, half marathon or full marathon, you can support a local charity while challenging yourself.

*Make your race count and fundraise for Sunshine Butterflies.*

**Sign up and Fundraise**

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# SPONSOR SPOTLIGHT

## *Team Body Corporate*



*We were thrilled to welcome our Partners **Team Body Corporate** out for a Morning Tea and Team Day at 'Our Backyard'.*

*Team Body Corporate loved spending their day hanging out with our members and staff, our adorable furry friends and enjoying all the beauty our 15-acres has to offer.*

*They also spent some time with their team in our Training and Education room, which provides the perfect space for team meetings, business catch-ups, training seminars and more.*

*Andrew and Marianne Davidson are the owners of Team Body Corporate and bring with them not only a wealth of knowledge, skills and initiatives but also a kind, personable and genuine approach to Body Corporate management. You see this displayed through their support of the community, forward-thinking approach to the environment and economy and how they treat their wonderful team around them.*

*We are so grateful to have found such a terrific local business that supports us in so many ways.*

*"We're honoured to have partnered with such a fantastic organisation that supports children and adults with disability on the Sunshine Coast."*

*We are so grateful to have partners like Team Body Corporate who align with our vision and mission and help us continue to provide life-changing programs and services for people with disability.*

*If you see Andrew, Marianne or any of the Team Body Corporate Team at our events, please head over and have a chat with them, they are an incredible bunch of people.*

**Visit their website**





**Find out more about how you can partner with us:**

Please email [heather@sunshinebutterflies.com.au](mailto:heather@sunshinebutterflies.com.au)

or visit our website [HERE](#)

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*Sunshine Butterflies Triathlon!*



*In April we celebrated Sunshine Butterflies 2023 Triathlon at 'Our Backyard'!*

We are so proud to have been running this event for 4 years in a row!

This event was brought to life in 2020 after the impacts of Covid-19 cancelled many of our local sporting events. This Tri has now grown into being such a huge part of our Sunshine Butterflies community.

Sunshine Butterflies Triathlon is based on the traditional triathlon format, but with a twist!

Our members with disability took part in three inclusive events for the day. First, a running race, second, a bike ride with wheelchairs and to finish, a water-based relay.

This year's Triathlon was our biggest yet, with over 250 people in attendance!

We are just blown away by all the support we received.

Thanks to the [June Canavan Foundation](#) for sponsoring this event for the third year in a row.

What a day!





[See more](#)

## *Family Day!*







This year we celebrated our new '*Family Day*' at '*Our Backyard*'!

'Family Day' has replaced our Mother's Day event to include all families for a celebratory and informative morning at Sunshine Butterflies.

'Family Day' was proudly sponsored by the wonderful [Wellways](#), who are one of the most respected mental health, well-being and carer service providers.

'Family Day' consisted of a delicious morning tea made by our wonderful cafe staff and supported employment members.

Members from our 'Rockability' program then rocked everyone's socks off with a fabulous performance on our outdoor stage.

Our families then joined us for a Q&A in our 'Training & Education Room' where they learnt all about Wellways Carer Gateway as well as the services and supports we provide. It was a great opportunity for families to ask questions and learn more about what we can do for them or their loved ones.

Our families then enjoyed a tour of our beautiful 10 acres next door, which included our supported home and respite spaces.

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## EXCITING NEWS!

We would like to extend our thanks to all our wonderful supporters who are assisting Sunshine Butterflies to create a positive change in the lives of people with disability. Check



out the existing projects coming up for Sunshine Butterflies, all thanks to the success of the following community grants, sponsorship and donations.



**The June Canavan Foundation** have provided Sunshine Butterflies with the funding for our Triathlon for the third year in a row. We could not host this event without their support.



### **Queensland Community Foundation**

Organisational Capacity Building Grant will provide us with the funding for Stage 2 of the Visual Care software that will upgrade all our operating systems.



**Herbalife Nutrition Foundation** for our 'Farmyard Cooking School' education materials and kitchen equipment.



**QLD Active Clubs** grant for providing us with the funding for new sports equipment for our 'All Sports' program.

*Alone we can do so little, together we can do so much!*

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## *Easter Bonnet Parade!*



**Sunshine Butterflies hosted our Easter Bonnet Parade at 'Our Backyard'!**

Our talented 'Kiss My Art' program had a wonderful morning parading their handmade Easter Bonnets to Sunshine Butterflies members, staff and volunteers.

Our ponies and donkey also joined us on the catwalk in their adorable Easter outfits.

Our members and staff then had a great time participating in an egg 'n' spoon race and other fun games on our lawn before receiving a delicious chocolate bunny.





# PROGRAM HIGHLIGHTS!

We have so many amazing programs at 'Our Backyard', take a look at some of the impressive things they have been getting up to.



## Commando Outdoor Education

Our 'Commando Outdoor Education' program went on their first-ever 49-hour camp offsite at Habitat Noosa. Our members had such a fabulous experience, utilising all the new camping skills they have learnt this year.



## Farmyard Cooking School

Sunshine Butterflies 'Farmyard Cooking School' program have been having so much fun this year. We are delighted to welcome some new members into our program, and love watching our long-term members continue to share their passion for cooking and nutrition.



## Big Day Out

Sunshine Butterflies 'Big Day Out' program have been loving getting out in the community. They have been on pontoon boats thanks to Pelican Boat Hire and even trips to Amaze World.

For more information on our programs, please visit our website [HERE](#)  
or contact [admin@sunshinebutterflies.com.au](mailto:admin@sunshinebutterflies.com.au)

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## National Volunteer Week

We celebrated National Volunteer Week on 16th-22nd May with all our amazing Volunteers.

Our Volunteers enjoyed a beautiful morning tea with our staff and members on the deck.

Members from our 'Farmyard Cooking School' joined the party to gift our Volunteers with some lovely handcrafted condiments, made by our Supported Employment members.

It was such a special morning celebrating all these wonderful kind people who give so much.

*We are so grateful to have such beautiful Volunteers*



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For more information on subjects in this email, contact  
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