



Supporting individuals and their families with disability.

### Our Why



### **Our Vision**

Empowering people with disability by creating a unique and all-inclusive community.

### Our Mission

By providing opportunities and pathways through programs and services that create a sense of purpose and belonging.



### **Our Values**



#### **Unified Team**

A team is not a group of people that work together. A team is a group of people that trust each other. "Welcome to the best team ever".

N

#### Nurture - People, Place and Purpose

We provide a supportive environment where we care, protect and develop growth.

I.

Innovate, Challenge, Change & Create

"Vision with action can change the world".

0

Quality Recruiting - Retain the Best

Our talented staff thrive in our culture. "We are a great place to work".

U

Uphold - Our Vision, Our Principles and Our Values

We treat each other with respect and speak openly, listen actively and communicate with honesty, integrity and kindness.

Ε

**Empower** 

We provide our people with opportunities to develop and achieve personal growth. "We rise by lifting others".

We Listen. We Create. We Deliver.



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ABOUT US

# Welcome to Sunshine Butterflies

Sunshine Butterflies is a disability support service and not-for-profit charity located on the Sunshine Coast. Our vision is empowering people with disability by creating a unique and all-inclusive community.



LEANNE WALSH Founder & CEO

Leanne's passion and dedication towards disability education, awareness and inclusion began **together with her husband Damien and their son Curtis** who was born 13 weeks premature with Cerebral Palsy.

Leanne's desire to make her community an **inclusive and accepting place** has earned her numerous awards that includes; a Rotary International Paul Harris Fellow, QLD Disability Action Week Awards and Australia Day Local Legends Award.

It is because of her **commitment and contribution** that Leanne has made big changes in the lives of people with disability and their families.

"Having a child with disability is a lifelong thing. It doesn't go away when they turn a certain age or leave school. Support needs to be effective and ongoing, catering for individual circumstances". Leanne Walsh CEO/Founder

Leanne has created a successful concept that has received ministerial recognition. It is because of Leanne's enthusiasm, love and devotion towards her son Curtis that Sunshine Butterflies continues to flourish, thrive, prosper and grow to promote and support others in their mission for acceptance within an inclusive and supportive community.

A place of learning, purpose & belonging

Our
members are
the source of
inspiration, in
everything we
do.

You do not wake up as a butterfly.. Growth is a process

### Welcome to 'Our Backyard'

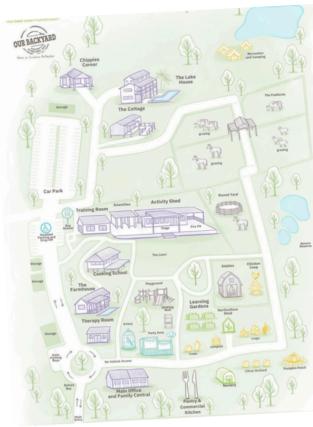
468 & 472 McKinnon Drive Cooroibah

'Our Backyard' is a 15-acre community facility set in the Noosa Countryside that provides the space to deliver a range of programs, support services and activities for people with disability.

Since purchasing the land in 2014, Sunshine Butterflies has transformed the 15-acre property to accommodate a variety of services including, social and skills-based programs, Farm Animal Sessions, Supported Independent Living, therapeutic services and community events.

'Our Backyard' has plenty of facilities for everyone to enjoy, including our Pantry/Commercial Kitchen, Lawn & Gardens a large Activity Shed, an Adventure Playground, Therapy Rooms, Farm stables, an Accessible Pool and Supported Independent Living & Respite options.





'Our Backyard' is a place of learning, purpose and belonging.



### **Educational & Recreational Programs**

Check out the programs we currently offer. As new spaces are created, exciting initiatives will continue to be developed and run over each Term. You can download the current Term Programs from our website.

Sunshine Butterflies provides a unique range of educational and recreational disability support services, programs and activities.

Monday to Friday from 9am to 3pm. There is something for everyone!



### **All Sports**

Have fun and get fit with friends!

Sunshine Butterflies 'All Sports' is a recreational program aimed at providing people with disability a range of fun fitness and sporting activities in a safe and supportive environment. Some of these activities include Stand Up Paddleboarding, Kayaking and Sailing as well as Lawn Bowls, Basketball, Cricket, Softball, Tennis, Boxing and Yoga.

This program helps to develop coordination, selfesteem and confidence, socialisation, exercise, health and general well-being.

### Big Day Out

Enjoy all that the Sunshine Coast has to offer!

Join us each week as we head out into the community for a day of fun activities and socialising.
Sunshine Butterflies Big Day Out is always full of great activities including bowling, boat trips, visits to Kenilworth, the Noosa National Park, Botanic Gardens,
Australia Zoo and other tourism destinations.

Each week is an exciting new adventure!

Get out and about in our beautiful natural environment and socialise with friends along the way.



### **Butterfly Bakers**

#### Create delicious baked goods and mouthwatering desserts

Sunshine Butterflies 'Butterfly Bakers' program is a creative and fun program which teaches members basic home baking skills. This program takes place in our very own purpose-built Cooking School and utilises seasonal herbs, fruits and vegetables from our Learning Gardens.

You will create delicious baked goods and mouthwatering desserts to take home to share with your family and friends.





### **Chippies Corner**

#### We will find the DIY chippy in you!

Chippies Corner provides opportunities for individuals with disability to design, create and construct wood products in a safe and supportive environment.

You will be guided step-by-step through each project to help you learn new woodworking skills and techniques.

The program is delivered by our enthusiastic Support Mentors with a passion to share their skills and knowledge with our members.

Items made or restored can be sold to the public and may include cutting boards and trays, surfboards, furniture items, herb stakes and garden planters, fruit and veggie boxes, homewares, chairs, dart boards and picture frames, garden art and ornaments, bird boxes and toolboxes as well as recycled pallet furniture.



#### Commando Outdoor Education

#### Learn new skills in the great outdoors!

Our 'Commando Outdoor Education' program aims to support people with disability to enjoy the great outdoors with confidence.

This program incorporates a diverse range of outdoor activities including bush walking, orienteering, kayaking, fishing and camping.

Participants will learn new skills as well as gain independence and confidence in the great outdoors.

### **Community Connect**

#### Socialise with friends in a relaxed environment!

Sunshine Butterflies Community Connect program is all about socialising with friends and enjoying all of Noosa's beautiful natural surroundings.

Join us every week at the Noosa River with all your friends for a picnic, BBQ, fishing, boating, music, games and more!



#### Discover your inner star!

'Drama Kings & Queens' is a fun theatre and music program aimed at assisting people with disability to express themselves and build confidence.

This program encourages individuals to come to life through creative expression.

Our Drama Kings & Queens program is designed for those with little to no experience but who have always wanted to sing or just love dressing up and being on stage!

Participants work throughout the year on multiple productions to be performed for friends, family and the local community.





### **Farmability**

#### Gain hands on experience with animals and the environment!

'Farmability' is an educational farm animal, gardening and environmental program that provides a unique learning experience to individuals with disability. 'Farmability' teaches practical hands-on skills through gardening methods, animal care practices and environmental sustainability.

In this innovative program, members will learn about where their produce comes from and how to care for animals and the environment.



Our knowledgeable staff will help guide you through the process of growing your very own fresh and seasonal produce, including salads, veggies and herbs as well as harvesting fruit from our orchard to enjoy.

Participants will complete a variety of activities in the many natural outdoor learning spaces at 'Our Backyard. You will also visit surrounding farms around the Sunshine Coast, marketplaces and food manufacturers and distributors.

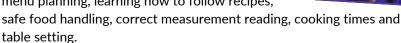
Our outdoor learning classroom and growing spaces offer an environment designed to increase confidence, knowledge, and create social connections.

### Farmyard Cooking School

#### Discover your inner MasterChef!

Would you like to learn to cook easy, healthy nutritional meals and enjoy delicious food while socialising with friends?

In our 'Farmyard Cooking School' program we cover all aspects of food preparation, including menu planning, learning how to follow recipes,



Pick ingredients from our raised garden beds and hydroponic greenhouse. Learn how food grows and where your food comes from.

Our 'Farmyard Cooking School' is a great way to socialise with friends, working together to prepare a healthy and nutritious lunch to share, whilst learning important daily living skills.





#### Gone Fishin'

Come and join us and get hooked on fishin!

Gone Fishin' by Sunshine butterflies

is a fishing program that focuses on learning all about our local river systems and the different fish species you can catch.

It allows our members to fish with friends in a safe and supported environment.



### Kiss My Art

Get those creative juices flowing!

This program provides people with disability the opportunity to communicate and express themselves through creating art.

Work alongside each other in a stimulating and supportive environment to develop social and artistic skills. Our support workers will assist you to create stunning works of art!

Participants can either join in on group projects or develop their own areas of interest and focus on individual creative goals.

Activities include mosaics, textiles, sculpture, painting, drawing, craft, sewing, jewellery making, photography, tiedye, weaving and farm art just to name a few.

#### Swim Club

Every Friday, Sunshine Butterflies members dive into Swim Fit Friday!

This is a fun, supportive program where participants enjoy the many physical and mental benefits of swimming in a safe and inclusive environment. It's a wonderful way to build confidence, improve fitness, and have a splash of fun with friends!







Rock out, create and collaborate!

Our Rockability program provides people with disability with the opportunity to enjoy and create music together. Coordinated by our professional Muso's, 'Rockability' play and enjoy music together from a broad range of music genres in a fun and educational environment to develop positive group harmony and friendships. Making music gives our members a unique opportunity to share ideas and create and learn together.

Our 'Rockability' program also perform at local concerts and at events for our friends and family!



#### Tech Connect

Spark your interest in the world of technology, develop confidence around computers and a love for all the fun and exciting things technology has brought to our world.

In 'Tech Connect' you can learn various IT skills including building your own website, creating weekly blogs, lessons in photography and videography, basic coding, creating flyers and brochures, building robots, flying drones, 3D printing and much more. 'Tech Connect' provides an opportunity to have safe and supported access to IT programs and activities.

Come and join us and get connected!



### Social Saturdays

#### Enjoy a social day out with friends!

This program offers supported recreation and leisure activities within the Sunshine Coast and beyond, including: tourist attractions, events, bands, concerts, parks, picnics, bonfires, fishing, boating, BBQs, cafes, lunches and dinners, just to name a few.

'Social Saturdays' is scheduled every second Saturday.

Give us your great ideas and suggestions to add to the fun.



### **Social Siblings**

#### A fun, informal support group for sibs!

'Social Siblings' is an informal support group for siblings aged 7-12 years, that provides social and recreational activities, to give siblings of a person with disability an opportunity to meet other kids living in similar circumstances in a fun, safe, casual and friendly environment.

Siblings of a person with disability, can experience a range of emotional reactions, both positive and negative, which is why we have created a group exclusively just for them.



'Social Siblings' allows siblings to:

- Meet other brothers and sisters and build new friendships.
- Have fun without the guilt of knowing their sibling can't always enjoy the same activity or pleasure.
- Talk about their feelings with others who really know what it's like to have a sibling with disability.
- Learn and develop coping strategies for some of those difficult situations that they may encounter, such as teasing or embarrassment.
- Improve self-esteem and increase social interactions and begin to see their situation as normal.
- \*This program is subject to funding.

<sup>\*</sup>Programs are seasonal and subject to change without notice

### Supported Independent Living

## Have a dream to live independently and be part of your community?

Supported Independent Living is designed to give people with disability a place to call home in a supported environment.

We can assist you to live a full life, achieve your goals and develop independent life skills, self-confidence and self-reliance to feel safe in your community. Our team of professional, caring staff will work with you and your family to identify what you want and need. You can choose a Supported Independent Living environment where we manage the property, help match up suitable tenants and provide caring and experienced support staff - 7 days a week, or you can choose Individualised Living Options that let you choose the home you live in and set up supports in the way that best suits you.

Through either option, we will encourage you to learn new life skills and develop new friendships.









### Respite & Short Term Accommodation

Respite or Short Term Accommodation (STA) provides temporary housing and support for individuals with disability, offering a break for both the individual and their primary caregivers.

This allows individuals to experience new environments, build independence, and access activities they might not usually have, while also providing carers with a break from their responsibilities.

We are here to help you coordinate your well-deserved break at either our accommodation at 'Our Backyard' Cooroibah/Noosa or your location of choice.

### Support Coordination

Our Support Coordination service is designed to help you understand and implement your NDIS plan, connect with the right services, and build the skills to manage your supports independently. We work with you to achieve your goals and increase your participation in the community.

### Plan Management

Our Plan Management service takes the stress out of managing the financial side of your NDIS plan. We handle tasks such as processing invoices, managing budgets, and making payments to providers, giving you more time to focus on your goals.

You stay in control of your choices while we take care of the administration.







### **Community Support**

#### Social Outings, Activities and Life Skills

Let us help you with your day-to-day activities, achieve your personal goals and get involved in your community. We can find the perfect support worker to assist in your personal development and help you every step of the way.

#### Its all about you!

Looking for something else just for you?

If you are interested in participating one-onone in any of our activities or programs, on a day that suits you, please contact us, and we can arrange a Support Worker to assist you.

If there is an activity that you wish to do, that we don't offer, we can work with you to make it happen!







### Social Enterprise

Sunshine Butterflies Social Enterprises are small boutique businesses that help create big changes within our organisation and the lives of people with disability. Our Social Enterprises create vital community connections and employment pathways for people with disability.

Our variety of Social Enterprises are conducted both internally within Sunshine Butterflies and through local businesses that align with our core values.

By Supporting our Social Enterprises you are allowing us to continue to provide life-changing services to our community as well as Supported Employment

opportunities for people with disability.

### Supported Employment

Sunshine Butterflies Supported Employment Initiative offers opportunities for people with disability to work in the local community, develop small business skills, be part of a team and gain independence and confidence in the workforce.



Sunshine Butterflies provides a supportive and inclusive work environment with ongoing training and support to employees with disability to help them succeed in any of our social enterprises or other local businesses.





### Walk In Wings

Walk In Wings by Sunshine Butterflies is an all-inclusive accessible 3km walk along the Noosa River which aims to celebrate our entire community.



Walk In Wings is an annual event. This event is designed to promote whole community inclusivity and unite schools, community and sporting groups, businesses, and the general public from all walks of life.



Walkers create a kaleidoscope of colour as they embrace the playfulness of life and importance of creating an all-inclusive community in their colourful butterfly wings or in purple.

We invite you to join us in breaking down barriers and elevating awareness of our neighbours and friends with disability.

Together we can create an inclusive and accepting community for all.







If you are interested in partnering, sponsoring or supporting us, find out more by contacting us: admin@sunshinebutterflies.com.au

### 'Our Backyard' Events

Throughout the year we organise and host several events, in conjunction with local community groups and local businesses such as Sunshine Butterflies Triathlon, Members Christmas Party, our Morning Teas, Networking Events, Team Building Days and Community Open Day.

We also welcome groups from early learning centres and schools.

These community events assist us to raise awareness and much-needed funds for Sunshine Butterflies, to help us improve the lives of those with disability.

### Sunshine Butterflies Triathlon

Sunshine Butterflies annual Triathlon is aimed at creating an inclusive and accessible event for people with disability.

Sunshine Butterflies Triathlon is based on the traditional triathlon format, but with a twist!

Participants take part in three inclusive events for the day. A running race, a bike ride with wheelchairs, and to finish a waterbased relay.

Sunshine Butterflies Triathlon is all about creating an environment that promotes joy, access and inclusion for individuals with disability.

Our Triathlon is a unique and fun day, generously supported by our partners.

Members Christmas Party

Sunshine Butterflies Members & Families
Christmas party is an annual celebration that
brings together our entire butterfly community.
'Our Backyard' transforms into Santa's workshop
for an evening of festivities, fun and Christmas
cheer! Sunshine Butterflies Members Christmas
Party is a way to celebrate the year that was and
thank everyone for being a part of the Sunshine
Butterflies community.



### **Team Building Days**

We invite your business or workplace to join us for a day at 'Our Backyard,' where you can actively engage with our beautiful natural surroundings and make a positive impact on individuals with disability in our community.

The list of team-building activities available is endless, and we can tailor your day to align with your organisation's values, ensuring you feel that you are making a meaningful social contribution.

For more information contact admin@sunshinebutterflies.com.au



### **School Group Excursions**

Sunshine Butterflies' Our Backyard offers a friendly, caring, outdoor farm environment spread over 15 acres. It welcomes school groups to learn about the supports and services Sunshine Butterflies provides to people with disability through an educational session, followed by interaction with our friendly farm animals and exploration of our food gardens and paddocks.

For more information contact admin@sunshinebutterflies.com.au



### Morning Teas & Lunches

Consider your next Community Group catchup, Morning tea, Luncheon, High Tea at Sunshune Butterflies.

Set on the Pantry Deck, surrounded by lush gardens, served by our friendly staff and Supported Employment Members.

Take a tour with one of our team to learn about our farm animals and farm environment.

For bookings or to discuss options please phone 07 5470 2830

or email admin@sunshinebutterflies.com.au



### **Pantry Condiments Range**

Sunshine Butterflies Pantry Condiments is a Social Enterprise that employs people with disability to create handmade, quality products from our 15-acre educational and recreational facility, 'Our Backyard'.

Our Pantry offers a delicious range of condiments, meticulously crafted using locally sourced, seasonal produce as well as homeware items.

We specialise in creating beautifully packaged gift packs and hampers that are perfect for corporate groups, community organisations, events, or special thank-you gifts. From gourmet jams to savoury relishes and handmade homewares, each item is made with care

and purpose.







Contact admin@sunshinebutterflies.com.au for more information

### Adventure Playground/Playgroup

The Adventure Playground at 'Our Backyard' offers a space for play and social and learning experiences for children.

There's a variety of equipment for all ages to climb and explore, as well as wheelchair access, chill-out areas and sensory experiences.

Each week, we invite the community to join us at 'Our Backyard,' our expansive 15-acre space, where they can engage in play on our Adventure Playground, interact with our farm animals, and enjoy socialising in a safe and secure environment.

Allowing mums/dads/guardians to exchange tips and tools, and form friendships with other parents or guardians. 40-week program as per the school term calendar. Activities include painting | sand play | songs, props, musical instruments | flowers, garden, and nature play.

EVERY TUESDAY & THURSDAY (during school term)

8:30am - 10:30am (term 1 and 4)

9:30am - 11:30am (term 2 and 3)

Available for 0 - 6 years

\$5 per child to help us maintain our equipment

If you would like more information on our Playground and Playgroup, contact admin@sunshinebutterflies.com.au or call 5470 2830





### **Training & Education Room**

Looking for an inspiring space for your next team meeting, workshop, or corporate event?

Sunshine Butterflies' Multipurpose Training & Education Room offers a flexible, fully equipped venue nestled in a peaceful, natural setting, perfect for team building, networking, training sessions, board meetings, AGMs, and more.

#### Why Choose Us?

Our modern facilities, combined with tranquil outdoor spaces and inclusive values, make Sunshine Butterflies a standout choice for organisations that care about **impact**, accessibility, and connection.

#### Your Hire Includes:

- 130" Projector Screen with all computer inputs.
- 55" Smart TV
- 5 whiteboards perfect for collaborative workshops
- Flexible room setup: boardroom, classroom, U-shape, theatre-style and more.
- Presenter's lectern, air conditioning, ceiling fans, natural light or blackout blinds.
- Tea & coffee facilities, with optional catering available
- Accessible amenities, including toilets and on-site parking
- · Secure, lockable space for peace of mind
- Outdoor seating area and access to our lush lawn – ideal for breakout activities
- Optional Tour of 'Our Backyard'
- Postal delivery use for your convenience
- Capacity: Up to 30 guests | Space: 54m²





We are happy to work with you to customise your day. Ask us how we can tailor the experience for your team.

To check availability or plan your event, contact: admin@sunshinebutterflies.com.au

### Sponsorships & Partnerships

Sunshine Butterflies is a disability support service and registered not-for-profit charity located on the Sunshine Coast.

Sunshine Butterflies strives to improve the lives of those with disability and their families.

Long-lasting partnerships are essential to the success of Sunshine Butterflies. Our partnerships are mutually beneficial and take many forms. We value partnerships that align with Sunshine Butterflies vision and mission, empowering people with disability by creating a unique and all-inclusive community.

Our supporters enable us to develop projects, events, and infrastructure that do not receive traditional government funding. We rely on our valued partners and supporters to help us create these vital spaces and events for people with disability.

#### Partner With Us

We offer corporations, businesses and individuals the opportunity to build mutually beneficial partnerships that support Sunshine Butterflies Charity and disability service.

By doing this we are able to work together to empower people with disability and their families.

#### This may include:

- Major sponsorship
- · Donations or goods in kind
- Workplace giving programs
- Become one of our valued <u>Partners</u>

 Sponsor the associated costs of a Program

Sponsor an Animal



For more information please contact <u>admin@sunshinebutterflies.com.au</u>.

### **Donations & Bequests**

#### **Donations**

Sunshine Butterflies relies on the generosity of grants and donations to create a beautiful, meaningful place where people with disability can connect, learn and grow.

Many of Sunshine Butterflies projects, events and infrastructure are non-government funded, so we rely on grants and donations to be able to create these important spaces and events for people with disability.

The funds that we receive from your generosity are put towards more substantial projects, facility upgrades, essential items or programs that may not receive conventional funding.

#### **Bequests**

Partner with Sunshine Butterflies and create a lasting impact.

As an estate lawyer or financial planner, you help your clients leave a meaningful legacy. By including a bequest to Sunshine Butterflies, they can make a lasting difference in the lives of people with disability and their families.

#### Why Recommend a Bequest to Sunshine Butterflies?

- Life-Changing Support We provide essential disability services, education, and community programs.
- A Legacy of Inclusion Gifts in wills help create a more inclusive future for people with disability.
- Simple & Flexible Clients can leave a percentage, fixed amount, or residual gift.

#### How You Can Help:

- Inform your clients about the option of including a charitable bequest.
- Use our suggested wording for wills.
- Connect interested clients with us for more information.





For more information on Bequests & Donations, please email admin@sunshinebutterflies.com.au or visit our website www.sunshinebutterflies.com.au

### **Animal Sponsorship**

Sponsoring one of our furry or feathered farm animals at 'Our Backyard' helps us with the care costs such as food, vet visits, shelter, straw and other associated costs to keep our farm friends healthy and safe.

Our much-loved farm animals play a very important role here at 'Our Backyard'.

Our Members can interact with them at anytime of the day when at 'Our Backyard'.







If you would

like to sponsor one of
beautiful animals at
'Our Backyard', please contact
us or visit the Sponsorship
page on our website
sunshinebutterflies.com.au/



### Therapeutic Services

At **Sunshine Butterflies** we offer a range of professional Therapeutic Services for individuals with disability, delivered by our highly experienced industry professionals, at our unique 15-acre space for disability support services, 'Our Backyard'.

Our professional Therapy team use a range of innovative techniques in combination with our specialised equipment, unique venue, beautiful grounds and our friendly farm animals, to provide the best outcomes for our members.

We strive to support the lives of our members to make them healthier, and happier and give them the confidence to thrive!

#### Our Therapeutic Services Include:

- Exercise Physiology
- Aqua Therapy
- Speech Therapy
- Psychology

- Cycloid / Power Plate Vibration Therapy
- Personal Training

Our beautiful grounds at 'Our Backyard' offer the perfect green spaces to exercise in the outdoors and our heated accessible pool is equipped with a hoist.









If you'd like to book a Therapy Session, please contact us on 07 5470 2830



## SOCIAL ENTERPRISES















Supported Employment Members

Involved in our Pantry, Gardens, Laundry & Enterprise



For more information on our programs & services

Please contact us:

admin@sunshinebutterflies.com.au

Phone: (07) 5470 2830

'Our Backyard': 468 McKinnon Drive, Cooroibah 4565

www.sunshinebutterflies.com.au

A place of Learning, Purpose & Belonging