

Sunshine Butterflies

YOUR *local* DISABILITY SUPPORT CHARITY



Supporting individuals
and their families
with disability.

Our Why



Our Vision

Empowering people with disability by creating a unique and all-inclusive community.

Our Mission

By providing opportunities and pathways through programs and services that create a sense of purpose and belonging.



YOUR *local* DISABILITY SUPPORT CHARITY

Our Values

- U** **Unified Team**
A team is not a group of people that work together. A team is a group of people that trust each other. "Welcome to the best team ever".
- N** **Nurture – People, Place and Purpose**
We provide a supportive environment where we care, protect and develop growth.
- I** **Innovate, Challenge, Change & Create**
"Vision with action can change the world".
- Q** **Quality Recruiting - Retain the Best**
Our talented staff thrive in our culture. "We are a great place to work".
- U** **Uphold - Our Vision, Our Principles and Our Values**
We treat each other with respect and speak openly, listen actively and communicate with honesty, integrity and kindness.
- E** **Empower**
We provide our people with opportunities to develop and achieve personal growth. "We rise by lifting others".

We Listen. We Create. We Deliver.



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Welcome to Sunshine Butterflies

Sunshine Butterflies is a disability support service and not-for-profit charity located on the Sunshine Coast. Our vision is empowering people with disability by creating a unique and all-inclusive community.



LEANNE WALSH
Founder & CEO

Leanne's passion and dedication towards disability education, awareness and inclusion began **together with her husband Damien and their son Curtis** who was born 13 weeks premature with Cerebral Palsy.

Leanne's desire to make her community an **inclusive and accepting place** has earned her numerous awards that includes; a Rotary International Paul Harris Fellow, QLD Disability Action Week Awards and Australia Day Local Legends Award.

It is because of her **commitment and contribution** that Leanne has made big changes in the lives of people with disability and their families.

"Having a child with disability is a lifelong thing. It doesn't go away when they turn a certain age or leave school. Support needs to be effective and ongoing, catering for individual circumstances". Leanne Walsh CEO/Founder

Leanne has created a successful concept that has received ministerial recognition. It is because of Leanne's enthusiasm, love and devotion towards her son Curtis that Sunshine Butterflies continues to flourish, thrive, prosper and grow to promote and support others in their mission for acceptance within an inclusive and supportive community.

A place of
learning,
purpose
& belonging

Our
members are
the source of
inspiration, in
everything we
do.

You do
not wake up
as a butterfly...
Growth is a
process

Welcome to 'Our Backyard'

468 & 472 McKinnon Drive Cooroibah

'Our Backyard' is a 15-acre community facility set in the Noosa Countryside that provides the space to deliver a range of programs, support services and activities for people with disability.

Since purchasing the land in 2014, Sunshine Butterflies has transformed the 15-acre property to accommodate a variety of services including, social and skills-based programs, Farm Animal Therapy Sessions, Supported Independent Living, therapeutic services and community events.

'Our Backyard' has plenty of facilities for everyone to enjoy, including our Pantry/Commercial Kitchen, Lawn & Gardens a large Activity Shed, an Adventure Playground, Therapy Rooms, Farm stables, an Accessible Pool and Supported Independent Living & Respite options.



'Our Backyard' is a place of learning, purpose and belonging.



Educational & Recreational Programs

Check out the programs we currently offer. As new spaces are created, exciting initiatives will continue to be developed and run over each Term. *You can download the current Term Programs from our website.*

Sunshine Butterflies provides a unique range of educational and recreational disability support services, programs and activities.

Monday to Friday from 9am to 3pm. *There is something for everyone!*



All Sports

Have fun and get fit with friends!

Sunshine Butterflies 'All Sports' is a recreational program aimed at providing people with disability a range of fun fitness and sporting activities in a safe and supportive environment. Some of these activities include Stand Up Paddleboarding, Kayaking and Sailing as well as Lawn Bowls, Basketball, Cricket, Softball, Tennis, Boxing and Yoga.

This program helps to develop coordination, self-esteem and confidence, socialisation, exercise, health and general well-being.

Big Day Out

Enjoy all that the Sunshine Coast has to offer!

Join us each week as we head out into the community for a day of fun activities and socialising. Sunshine Butterflies Big Day Out is always full of great activities including Bowling, boat trips, and visits to Kenilworth, the Noosa National Park, Botanic Gardens and The Australia Zoo.

Each week is an exciting new adventure! Get out and about in our beautiful natural environment and socialise with friends along the way.



Butterfly Bakers

Create delicious baked goods and mouthwatering desserts

Sunshine Butterflies' 'Butterfly Bakers' program is a creative and fun program which teaches members basic home baking skills. This program takes place in our very own purpose-built Cooking School and utilises seasonal herbs, fruits and vegetables from our Learning Gardens.

You will create delicious baked goods and mouthwatering desserts to take home to share with your family and friends.



Chippies Corner

We will find the DIY chippy in you!

Chippies Corner provides opportunities for individuals with disability to design, create and construct wood products in a safe and supportive environment.

You will be guided step-by-step through each project to help you learn new woodworking skills and techniques.

The program is delivered by our enthusiastic Support Mentors with a passion to share their skills and knowledge with our members.

Items made or restored can be sold to the public and may include cutting boards and trays, surfboards, furniture items, herb stakes and garden planters, fruit and veggie boxes, homewares, chairs, dart boards and picture frames, garden art and ornaments, bird boxes and toolboxes as well as recycled pallet furniture.



Commando Outdoor Education

Learn new skills in the great outdoors!

Our 'Commando Outdoor Education' program aims to support people with disability to enjoy the great outdoors with confidence.

This program incorporates a diverse range of outdoor activities including bush walking, orienteering, kayaking, fishing and camping.

Participants will learn new skills as well as gain independence and confidence in the great outdoors.



Community Connect

Socialise with friends in a relaxed environment!

Sunshine Butterflies Community Connect program is all about socialising with friends and enjoying all of Noosa's beautiful natural surroundings.

Join us every week at the Noosa River with all your friends for a picnic, BBQ, fishing, boating, music and games and more!



Drama Kings and Queens

Discover your inner star!

'Drama Kings & Queens' is a fun theatre and music program aimed at assisting people with disability to express themselves and build confidence.

This program encourages individuals to come to life through creative expression.

Our Drama Kings & Queens program is designed for those with little to no experience but who have always wanted to sing or just love dressing up and being on stage!

Participants work throughout the year on multiple productions to be performed for friends, family and the local community.



Farmability

Gain hands on experience with animals and the environment!

'Farmability' is an educational farm animal, gardening and environmental program that provides a unique learning experience to individuals with disability. 'Farmability' teaches practical hands-on skills through gardening methods, animal care practices and environmental sustainability. In this innovative program, members will learn about where their produce comes from and how to care for animals and the environment.

Our knowledgeable staff will help guide you through the process of growing your very own fresh and seasonal produce including salads, veggies and herbs as well as harvesting fruit from our orchard to enjoy.

Participants will complete a variety of activities in the many natural outdoor learning spaces at 'Our Backyard. You will also visit surrounding farms around the Sunshine Coast, marketplaces and food manufacturers and distributors.

Our outdoor learning classroom and growing spaces offer an environment designed to increase confidence, knowledge, and create social connections.



Farmyard Cooking School

Discover your inner MasterChef!

Would you like to learn to cook easy healthy nutritional meals and enjoy delicious food while socialising with friends?

In our 'Farmyard Cooking School' program we cover all aspects of food preparation, including menu planning, learning how to follow recipes, safe food handling, correct measurement reading, cooking times and table setting.

Pick ingredients from our raised garden beds and hydroponic greenhouse. Learn how food grows and where your food comes from.

Our 'Farmyard Cooking School' is a great way to socialise with friends, working together to prepare a healthy and nutritious lunch to share, whilst learning important daily living skills.





Gone Fishin'

Come and join us and get hooked on fishin'!

Gone Fishin' by Sunshine butterflies is a fishing program that focuses on learning all about our local river systems and the different fish species you can catch. It allows our members to fish with friends in a safe and supported environment.



Kiss My Art

Get those creative juices flowing!

This program provides people with disability the opportunity to communicate and express themselves through creating art.

Work alongside each other in a stimulating and supportive environment to develop social and artistic skills. Our support workers will assist you to create stunning works of art!

Participants can either join in on group projects or develop their own areas of interest and focus on individual creative goals.

Activities include mosaics, textiles, sculpture, painting, drawing, craft, sewing, jewellery making, photography, tie-dye, weaving and farm art just to name a few.

'Our Backyard Playgroups'

A beautiful, calm and natural playgroup setting, featuring education-led activities.

Each week, we invite the community to join us at 'Our Backyard,' our expansive 15-acre space, where they can engage in play on our Adventure Playground, interact with our farm animals, and enjoy socialising in a safe and secure environment.

40-week program as per the school term calendar. Activities include painting | sand play | songs, props, musical instruments | flowers, garden, and nature play. Available for 0 - 6 years . \$5 per child



'Our Backyard Playgroup' is proudly brought to you by Noosa Community Foundation



Rockability

Rock out, create and collaborate!

Our Rockability program provides people with disability with the opportunity to enjoy and create music together.

Coordinated by our professional Muso's, 'Rockability' play and enjoy music together from a broad range of music genres in a fun and educational environment to develop positive group harmony and friendships.

Making music gives our members a unique opportunity to share ideas and create and learn together.

Our 'Rockability' program also perform at local concerts and at events for our friends and family!



Tech Connect

Spark your interest in the world of technology, develop confidence around computers and a love for all the fun and

exciting things technology has brought to our world.

In 'Tech Connect' you can learn various IT skills including building your own website, creating weekly blogs, lessons in photography and videography, basic coding, creating flyers and brochures, building robots, flying drones, 3D printing and much more.

'Tech Connect' provides an opportunity to have safe and supported access to IT programs and activities.

Come and join us and get connected!



Social Saturdays

Enjoy a social day out with friends!

This program offers supported recreation and leisure activities within the Sunshine Coast and beyond, including: Tourist attractions, events, bands, concerts, parks, picnics, bonfires, fishing, boating, BBQ's, cafes, lunches and dinners, just to name a few.

'Social Saturdays' is scheduled every second Saturday.

Give us your great ideas and suggestions to add to the fun.



Social Siblings

fun, informal support group for sibs!

'Social Siblings' is an informal support group for siblings aged 7-12 years, that provides social and recreational activities, to give siblings of a person with disability an opportunity to meet other kids living in similar circumstances in a fun, safe, casual and friendly environment.

Siblings of a person with disability, can experience a range of emotional reactions, both positive and negative, which is why we have created a group exclusively just for them.

'Social Siblings' allows siblings to:

- Meet other brothers and sisters and build new friendships.
- Have fun without the guilt of knowing their sibling can't always enjoy the same activity or pleasure.
- Talk about their feelings with others who really know what it's like to have a sibling with disability.
- Learn and develop coping strategies for some of those difficult situations that they may encounter, such as teasing or embarrassment.
- Improve self-esteem and increase social interactions and begin to see their situation as normal.

This program is proudly supported by Health & Wellbeing Queensland.



*Programs are seasonal and subject to change without notice

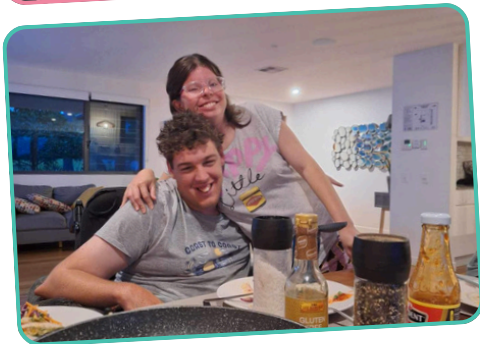
Supported Independent Living

Have a dream to live independently and be part of your community?

Supported Independent Living is designed to give people with disability a place to call home in a supported environment.

We can assist you to live a full life, achieve your goals and develop independent life skills, self-confidence and self-reliance to feel safe in your community. Our team of professional, caring staff will work with you and your family to identify what you want and need. You can choose a Supported Independent Living environment where we manage the property, help match up suitable tenants and provide caring and experienced support staff - 7 days a week, or you can choose Individualised Living Options that let you choose the home you live in and set up supports in the way that best suits you.

Through either option, we will encourage you to learn new life skills and develop new friendships.



Respite & Short Term Accommodation

Funding is available for NDIS participants who are looking for a short break, getaway, holiday or a chance to live away from home and trial or prepare for Independent Living.

We are here to help you co-ordinate your well deserved break at either our accommodation at 'Our Backyard' Cooribah / Noosa or at various locations dependent on activities, shows, music or sporting events you wish to visit. This can include accommodation at Brisbane, Gold Coast, Cooloola Coast or Sunshine Coast locations

Support Coordination & Plan Management

Support Coordination is an NDIS service designed to assist you to get the most out of your NDIS funding package.

The experienced team at Sunshine Butterflies will work together with you to explore what options are open to you and recommend where and how you can access the support in your local community, to help you achieve your goals.



Community Support

Social Outings, Activities and Life Skills

Let us help you with your day-to-day activities, achieve your personal goals and get involved in your community. We can find the perfect support worker to assist in your personal development and help you every step of the way.

Its all about you!

Looking for something else just for you?

If you are interested in participating one-on-one in any of our activities or programs, on a day that suits you, please contact us, and we can arrange a Support Worker to assist you.

If there is an activity that you wish to do, that we don't offer, we can work with you to make it happen!



Social Enterprise

Sunshine Butterflies Social Enterprises are small boutique businesses that help create big changes within our organisation and the lives of people with disability. Our Social Enterprises create vital community connections and employment pathways for people with disability.

Our variety of Social Enterprises are conducted both internally within Sunshine Butterflies and through local businesses that align with our core values.

By Supporting our Social Enterprises you are allowing us to continue to provide life-changing services to our community as well as Supported Employment opportunities for people with disability.

Supported Employment

Sunshine Butterflies Supported Employment Initiative offers opportunities for people with disability to work in the local community, develop small business skills, be part of a team and gain independence and confidence in the workforce.

Sunshine Butterflies provides a supportive and inclusive work environment with ongoing training and support to employees with disability to help them succeed in any of our social enterprises or other local businesses.



Walk In Wings

Walk In Wings by Sunshine Butterflies is an all-inclusive accessible 3km walk along the Noosa River which aims to celebrate our entire community.



Walk In Wings is an annual event. This event is designed to promote whole community inclusivity and unite schools, community and sporting groups, businesses, and the general public from all walks of life.



Walkers create a kaleidoscope of colour as they embrace the playfulness of life and importance of creating an all-inclusive community in their colourful butterfly wings or in purple.

We invite you to join us in breaking down barriers and elevating awareness of our neighbours and friends with disability.



Together we can create an inclusive and accepting community for all.



If you are interested in partnering, sponsoring or supporting us, find out more by contacting us: Heather Anderson: heather@sunshinebutterflies.com.au

'Our Backyard' Events

Throughout the year we organise and host several events, in conjunction with local community groups and local businesses such as Sunshine Butterflies Triathlon, Members Christmas Party, our Morning Teas, Networking Events, Team Building Days and Disability Action Week festivities.

We also welcome groups from early learning centres and schools.

These community events assist us to raise awareness and much-needed funds for Sunshine Butterflies, to help us improve the lives of those with disability.

Sunshine Butterflies Triathlon

Sunshine Butterflies annual Triathlon is aimed at creating an inclusive and accessible event for people with disability.

Sunshine Butterflies Triathlon is based on the traditional triathlon format, but with a twist!

Participants take part in three inclusive events for the day. A running race, a bike ride with wheelchairs, and to finish a water-based relay.

Sunshine Butterflies Triathlon is all about creating an environment that promotes joy, access and inclusion for individuals with disability.

Our Triathlon is a unique and fun day, generously supported by our partners.



Members Christmas Party

Sunshine Butterflies Members & Families Christmas party is an annual celebration that brings together our entire butterfly community. 'Our Backyard' transforms into Santa's workshop for an evening of festivities, fun and Christmas cheer! Sunshine Butterflies Members Christmas Party is a way to celebrate the year that was and thank everyone for being a part of the Sunshine Butterflies community.



Team Building Days

We invite your business or workplace to join us for a day at 'Our Backyard,' where you can actively engage with our beautiful natural surroundings and make a positive impact on individuals with disability in our community.

The list of team-building activities available is endless, and we can tailor your day to align with your organisation's values, ensuring you feel that you are making a meaningful social contribution.

For more information contact admin@sunshinebutterflies.com.au



School or Group Excursions

Come and visit 'Our Backyard' and enjoy exploring our paddocks, dams, orchard, landscaped areas and stables while learning about Sunshine Butterflies, our farm animals, paddock rotation and composting.

Enjoy morning tea or a picnic lunch around the dams and finish your visit exploring our Adventure playground and treehouse.

For more information contact community@sunshinebutterflies.com.au



To be a part of one of our special events, please contact our Events Team on 07 5470 2830 or events@sunshinebutterflies.com.au

Adventure Playground

The Adventure Playground at **'Our Backyard'** offers a space for play and social and learning experiences for children.

There's a variety of equipment for all ages to climb and explore, as well as wheelchair access, chill-out areas and sensory experiences.

Playgroups, allied health professionals, kid's parties, community groups, kindergartens and schools love to come and visit the Adventure Playground at **'Our Backyard'**.

If you would like more information on visiting us and enjoying the Adventure Playground, contact admin@sunshinebutterflies.com.au or call 5470 2830



Training & Education Room

Located at Sunshine Butterflies fully accessible 15-acre facility that boasts beautiful green lawns and native gardens. The ideal space for training sessions, networking events, team building, boardroom meetings, AGMs, workshops and more!

Included:

Printing and scanning, tea and coffee station, option to order catering, Free guest WiFi, Disability Accessible parking and accessible amenities.

Technical Specifications:

- 130-inch Projector Screen with built-in Google Assistant and Chrome Cast and all computer inputs are easy to use in a well-lit room, complete with block-out blinds
- 55-inch Smart TV for more intimate groups with Google Assistant and Chrome Cast built-in
- 5 whiteboards for group workshops/small groups
- Air conditioning and ceiling fans
- Presenters lectern
- Secure and lockable room
- Flexible layout arrangements (ie. Classroom, Theatre, U-shape or Boardroom styles.)
- Option to have a well-lit room with natural light or make use of the tinted windows and blackout blinds for privacy
- Outdoor area with seating for refreshments
- Capacity: Up to 40 delegates (depending on configuration)
- Size: Floor area 54m²



Sponsorships & Partnerships

Sunshine Butterflies is a disability support service and registered not-for-profit charity located on the Sunshine Coast.

Sunshine Butterflies strives to improve the lives of those with disability and their families.

Long-lasting partnerships are essential to the success of Sunshine Butterflies. Our partnerships are mutually beneficial and take many forms. We value partnerships that align with Sunshine Butterflies vision and mission, empowering people with disability by creating a unique and all-inclusive community.

Our supporters enable us to develop projects, events, and infrastructure that do not receive traditional government funding. We rely on our valued partners and supporters to help us create these vital spaces and events for people with disability.

12 Month Partnerships:

We offer corporations, businesses and individuals the opportunity to build mutually beneficial partnerships that support Sunshine Butterflies Charity and disability service.

By doing this we are able to work together to empower people with disability and their families.

This may include:

- Major sponsorship
- Donations or goods in kind
- Workplace giving programs
- Become one of our valued Partners
- Sponsor the associated costs of a Program
- Sponsor an Animal



For more information please contact Heather Anderson on heather@sunshinebutterflies.com.au.

Donations & Bequests

Donations

Sunshine Butterflies relies on the generosity of grants and donations to create a beautiful, meaningful place where people with disability can connect, learn and grow.

Many of Sunshine Butterflies projects, events and infrastructure are non-government funded, so we rely on grants and donations to be able to create these important spaces and events for people with disability.

The funds that we receive from your generosity are put towards more substantial projects, facility upgrades, essential items or programs that may not receive conventional funding.

Bequests

Leaving a Bequest to a not-for-profit organisation like Sunshine Butterflies is a truly impactful decision that can make a lasting difference in the lives of people with disability and their families.

It offers you the opportunity to keep supporting a cause close to your heart.

There are a variety of ways to leave a Bequest in your Will to Sunshine Butterflies. We advise consulting with a legal professional, such as a solicitor, to ensure that your Will is valid according to the laws in your State or Territory.

Every Bequest left to Sunshine Butterflies helps us continue to build an inclusive and accepting community, creating a space where people with disability feel safe, supported and empowered.



For more information on Bequests & Donations, please email admin@sunshinebutterflies.com.au or visit our website www.sunshinebutterflies.com.au

Animal Sponsorship

Sponsoring one of our furry or feathered farm animals at **'Our Backyard'** helps us with the care costs such as food, vet visits, shelter, straw and other associated costs to keep our farm friends healthy and safe.

Our much-loved animals play a very important role here at **'Our Backyard'**.

Our animals provide a unique experience so Sunshine Butterflies can deliver Animal Care and Farm Animal Therapy Sessions to individuals with disability.



If you would like to sponsor one of beautiful animals at 'Our Backyard', please contact us or visit the Sponsorship page on our website sunshinebutterflies.com.au/sponsor-an-animal

Therapeutic Services

At **Sunshine Butterflies** we offer a range of professional Therapeutic Services for individuals with disability, delivered by our highly experienced industry professionals, at our unique 15-acre space for disability support services, 'Our Backyard'.

Our professional Therapy team use a range of innovative techniques in combination with our specialised equipment, unique venue, beautiful grounds and our friendly animals, to provide the best outcomes for our members.

We strive to support the lives of our members to make them healthier, and happier and give them the confidence to thrive!

NDIS funding is now available to cover the cost of these individualised therapies.

Our Therapeutic Services Include:

- Farm Animal Therapy Sessions
- Aqua Therapy
- Speech Therapy
- Psychology
- Cycloid / Power Plate Vibration Therapy
- Exercise Physiology
- Personal Training & Nutrition
- Kinesiology
- Yoga
- Wellbeing Coaching

Our beautiful grounds at 'Our Backyard' offer the perfect green spaces to exercise in the outdoors and our heated accessible pool is equipped with a hoist.

If you'd like to book a Therapy Session, please contact us on 07 5470 2830.





'Our Backyard' - home of Sunshine Butterflies
15-acre community facility

SOCIAL ENTERPRISES



A family of furry, feathered and fluffy FARM ANIMALS



100+
DEDICATED &
EXPERIENCED
STAFF



A unique range of incredible
LIFE-CHANGING PROGRAMS, SUPPORTS & THERAPIES



ANNUAL COMMUNITY
EVENTS



SUPPORTED
INDEPENDENT
LIVING &
TRANSITIONAL
HOMES



Supported Employment Members
Involved in our Pantry,
Gardens, Laundry & Enterprise



For more information on our programs & services
Please contact us:

admin@sunshinebutterflies.com.au

Phone: (07) 5470 2830

'Our Backyard': 468 McKinnon Drive, Cooroibah 4565

www.sunshinebutterflies.com.au

A place of Learning, Purpose & Belonging